



# THE HULL & EAST RIDING KARATE ACADEMY

## Certificate of Achievement 2012

### Sporting Excellence in Karate

#### Regional Level

## Ben Lane

This is to certify that Ben Lane has performed to a very high standard in Competition Sport Karate throughout 2012 winning the medals and titles listed below:-

### Championship Success - 1 Gold 1 Bronze

**Shindo Kai Junior Championships** - 25<sup>th</sup> March, Barnsley

Gold - Individual Kumite

Bronze - Individual Kata

Congratulations on your sporting achievements throughout 2012. Well done Ben.

Sensei Wayne Clarke 3<sup>rd</sup> Dan

Head Coach - The Hull & East Riding Karate Academy

